



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 	2	3 Syl Apps Giant Games Day 12pm - 2pm	4 Pizza Night 5:30pm 	5
6 	7 Pet Therapy 11:30am	8 Music Therapy 1:30pm (Large) 2:30pm (Large)	9 5 Pin Bowling 1:30pm 	10 Coffee Social 6:30pm 	11  ZUMBA 1:30pm	12 Paris Mounties Game Dinner @ 5:30pm  Puck Drop @ 7:30pm
13	14 Music Therapy 1:30pm (Small) 2:30pm (Small)	15 Flying Squirrel Trampoline Park in Hamilton 1:30pm 	16 5 Pin Bowling 1:30pm 	17	18 	19
20	21  ZUMBA 1:30pm	22 Music Therapy 1:30pm (Small) 2:30pm (Small)	23 5 Pin Bowling 1:30pm 	24 Bingo Night 6:30pm 	25 Walking Club at Wayne Gretzky Sports Centre 2:00pm 	26 
27	28 Pet Therapy 11:30am Music Therapy 1:30pm (Large) 2:30pm (Large)	29 Games Night Social & Pizza Dinner 6:00pm 	30 5 Pin Bowling 1:30pm 	31 Chantelle's Craft and Social Group 1: 10:30am Group 2: 1:30pm		

**TO PRE-REGISTER:** 1-877-760-7439 EXT 102 or [SPECIALPROJECTSIV@CDBAONTARIO.COM](mailto:SPECIALPROJECTSIV@CDBAONTARIO.COM)

*Note: No shows or last minute cancellations must still pay costs*

ACTIVITY/DATE	REGISTER BY	LOCATION	COST TO CONSUMERS	COST TO IV	SPECIAL NOTES
Music Therapy	<b>See dates on calendar</b>	CDBA Ontario – MPR or Music Room	<b>\$10.00</b>	<b>Included</b>	Join Music Therapist: Amy Di Nino as she brings energy and excitement each week for Music Therapy.
Pet Therapy	<b>See dates on calendar</b>	CDBA Ontario – Café	<b>Drop-in</b>	<b>No Cost</b>	Our furry friends from Therapeutic Paws will be visiting with their humans bringing you affection and comfort to your busy days.
5 Pin Bowling	<b>The Friday before</b>	Echo Bowl 760 Colborne St. (Brantford)	<b>\$4.50</b>	<b>No Cost</b>	Please join us at Echo Bowl in Brantford for some <b>5 Pin Bowling</b> fun! The <b>cost is only \$4.50</b> and it is sure to be a great time. Enjoy some friendly competition and let's see who can get the highest score and the most strikes and spares! Bring extra money for pop & snacks <b>Note: All participants must register the Friday before.</b>
Syl Apps Giant Games Day	<b>December 27th</b>	Syl Apps Community Centre 51 William St. Paris, ON	<b>FREE</b>	<b>FREE</b>	Join us at Syl Apps Community Centre in downtown Paris for a fun afternoon of giant games including giant chess, giant checkers, giant connect four, and more! This is a community of Brant event and is open to the public so everyone is welcome to join.
Pizza Night	<b>December 28th</b>	CDBA Ontario – MPR or Café	<b>\$5.00</b>	<b>No Cost</b>	<b>Learn to cook pizza</b> yourself and determine which ingredients to use. You can make it as healthy as you like or load it up with cheese. Find out how to indulge in your love of authentic pizza without the guilt. <b>Cost is \$5.</b>
Coffee Social	<b>January 3rd</b>	CDBA Ontario – Café	<b>Hot Drinks \$1 Snacks Provided</b>	<b>No Cost</b>	Miss the feel of a comfy coffee café? Come on out to our fun and soothing <b>Café Social!</b> Enjoy your favourite beverage in a relaxed environment with soft music playing in the background all while chatting with your friends. The cost for a piping hot cup of coffee, tea, hot apple cider or hot chocolate is only \$1.00.
Zumba	<b>January 4th and January 14th</b>	CDBA Ontario – MPR or Music Room	<b>\$5.00</b>	<b>Included</b>	Zumba involves dance and aerobic movements performed to energetic music. Joan Minnery incorporates many styles of dance to get you moving and grooving. Come out and let's have some fun!
Paris Mounties Dinner and Game	<b>January 4th</b>	<b>Dinner</b> at Legends Taphouse 1084 Rest Acres Rd. <b>Game</b> at Brant Sports Complex 944 Powerline Rd. Paris, ON	<b>Dinner is based on meal price</b>  <b>Game is FREE!</b>	<b>Dinner is based on meal price</b>  <b>Game is FREE!</b>	Join us for an exciting evening out in Paris! Todd, from Legends Taphouse has provided us with <b>FREE</b> tickets to see the Paris Mounties take on the Burford Bulldogs at Brant Sports Complex. As such we will be attending Legends for dinner before the game at 5:30pm. The restaurant is <b>wheelchair accessible</b> and boasts an extensive menu. It's sure to be an excellent evening!
Flying Squirrel Trampoline Park in Hamilton	<b>January 8th</b>	1550 Upper James St. Hamilton, ON	<b>\$12.50</b>	<b>No Cost</b>	Jump into January in style at Flying Squirrel Trampoline Park in Hamilton! Cost includes a pair of jumping socks that are yours to take home and a one hour session on the trampolines. Participants will receive a waiver upon registration that they must complete before participating that day. The entire <b>venue is wheelchair accessible</b> and there is a food court on site. Be sure to bring some extra money for a snack.
Bingo Night	<b>January 22nd</b>	CDBA Ontario – MPR	<b>FREE</b>	<b>No Cost</b>	B-I-N-G-O! It's BINGO time! Bring your best Bingo dabbler to the Resource Centre for a fun night and see if you can take home a prize.
Walking Club at Wayne Gretzky Sports Centre	<b>January 24th</b>	254 North Park St. Brantford, ON	<b>FREE</b>	<b>No Cost</b>	Make walking a part of your new year's resolution and join us for some exercise on the track at the Wayne Gretzky Sports Complex. Let's see how many laps you can do!
Games Night	<b>January 22nd</b>	CDBA Ontario - MPR	<b>FREE Pizza dinner included</b>	<b>No Cost</b>	Games night returns for its third installment and it's bound to be bigger and better than ever before! Come try out our new, handcrafted Giant Jenga set or bring your own favourite game to take on your friends. <b>Pizza dinner to be served at 6pm!</b> It's guaranteed to be a great evening!
Chantelle's Craft and Social	<b>January 24th</b>	CDBA Ontario – Café	<b>\$3 Hot drinks are available for \$1</b>	<b>No Cost</b>	The 'Kindness Rocks' Project has gathered steam globally and has inspired people to spread messages of hope and compassion through painted rocks. Join our very own Chantelle for a 'rocking' good time as she leads us through creating these inspirational designs. <b>Cost is \$3 and hot drinks will be available for purchase.</b>