





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Tubing at Chicopee 11:00am 
3 	4 Pet Therapy 11:30am Chinese New Year Celebration 12:30pm	5 Music Therapy 1:30pm (Small) 2:30pm (Small)	6 5 Pin Bowling 1:30pm 	7 Coffee Social 6:30pm 	8 Glenhyrst Hand Warmers Craft 10:30am 	9
10	11 Music Therapy 1:30pm (Large) 2:30pm (Large)	12 Friendship Baking 1:30pm Evening Pet Therapy 6:30pm	13 5 Pin Bowling 1:30pm 	14 Crêpe Brunch @ Sensity 11:00 am 	15	16
17	18 	19 Afternoon Bingo 2:00pm  Evening Pet Therapy 6:30pm	20 5 Pin Bowling 1:30pm 	21 Winter Walking Club at Wayne Gretzky Sports Centre 2:00pm 	22 Music Therapy 1:30pm (Small) 2:30pm (Small)	23
24 Day out at Pinehurst Lake 11:00am 	25 Pet Therapy 11:30am Music Therapy 1:30pm(Large) 2:30pm (Large)	26 Steel Wheel Brewery Tour 1:30pm 	27 5 Pin Bowling 1:30pm 	28 Evening Pet Therapy 6:30pm		

**TO PRE-REGISTER:** 1-877-760-7439 EXT 102 or [ACTIVITY@SENSITY.CA](mailto:ACTIVITY@SENSITY.CA)

*Note: No shows or last minute cancellations must still pay costs*

ACTIVITY/DATE	REGISTER BY	LOCATION	COST TO CONSUMERS	COST TO IV	SPECIAL NOTES
Music Therapy	<b>See dates on calendar</b>	Sensity – MPR or Music Room	<b>\$10.00</b>	<b>Included</b>	Join Music Therapist: Amy Di Nino as she brings energy and excitement each week for Music Therapy.
Pet Therapy	<b>See dates on calendar</b>	Sensity – Café	<b>Drop-in</b>	<b>No Cost</b>	Our furry friends from Therapeutic Paws will be visiting with their humans bringing you affection and comfort to your busy days.
Evening Pet Therapy	<b>See dates on calendar</b>	Sensity – Café	<b>Drop-in</b>	<b>No Cost</b>	Come join us for an evening <b>Pet Therapy Session with Toby and Rujuta</b> . Toby has been certified through Therapeutic Paws and would love to come for an evening visit with us. Toby is a very loving Shih Tzu.
5 Pin Bowling	<b>The Friday before</b>	Echo Bowl 760 Colborne St. (Brantford)	<b>\$4.50</b>	<b>No Cost</b>	Please join us at Echo Bowl in Brantford for some <b>5 Pin Bowling</b> fun! The <b>cost is only \$4.50</b> and it is sure to be a great time. Enjoy some friendly competition and let's see who can get the highest score and the most strikes and spares! Bring extra money for pop & snacks <b>Note: All participants must register the Friday before.</b>
Tubing at Chicopee	<b>Jan. 30th</b>	Chicopee Tube Park 1600 River Road East Kitchener, ON	<b>\$14.00</b>	<b>\$14.00</b>	We are going Snow Tubing at Chicopee!!!! We have registered <b>at a low price of \$14.00 each person</b> for two hours of fun filled winter excitement. You can have lunch in their lounge or eat before you arrive. Please visit <a href="http://www.chicopeetubepark.com/">http://www.chicopeetubepark.com/</a> for more information.
Chinese New Year Celebration	<b>Jan. 30th</b>	Sensity - MPR	<b>POTLUCK</b>	<b>No Cost</b>	Celebrate the Year of the Pig as we bring the experience and tastes of Chinese New Year to Sensity. We will enjoy traditional Chinese food and make a fun New Year's themed craft. This is a potluck event, please watch for sign-up sheet to select the item you would like to prepare. Red and Gold attire is encouraged.
Coffee Social	<b>Feb. 5th</b>	Sensity – Café	<b>Hot Drinks \$1.00 Snacks Provided</b>	<b>No Cost</b>	Miss the feel of a comfy coffee café? Come on out to our fun and soothing <b>Café Social!</b> Enjoy your favourite beverage in a relaxed environment with soft music playing in the background all while chatting with your friends. The cost for a piping hot cup of coffee, tea, hot apple cider or hot chocolate is only \$1.00.
Glenhyrst Hand Warmers	<b>Feb. 1st</b>	Sensity – Café	<b>\$7.00</b>	<b>No Cost</b>	Feeling the winter chill? Come and join Yvonne from Glenhyrst Art Gallery in Brantford as we learn to make natural hand warmers that can be heated in the microwave over and over throughout the winter.
Friendship Baking	<b>Feb. 7th</b>	Sensity - MPR	<b>\$5.00</b>	<b>No Cost</b>	Valentine's Day is just around the corner and it's always nice to remember our friends. Join activity coordinator Jay as we make sweet treats to share with all our friends.
Valentine's Day Crepe Brunch	<b>Feb. 7th</b>	Sensity - MPR	<b>\$5.00</b>	<b>\$5.00</b>	It's Valentine's Day at Sensity! Come out and learn to make your own Crêpes at this fun brunch activity with friends. Choose to make your <b>crêpe</b> sweet or savoury, it's up to you! The cost is just \$5 for all you can eat.
Afternoon BINGO	<b>Feb. 12<sup>th</sup></b>	Sensity – MPR	<b>FREE</b>	<b>No Cost</b>	B-I-N-G-O! It's BINGO time! Bring your best Bingo dabber to the Resource Centre for a fun afternoon and see if you can take home a prize.
Winter Walking Club at Wayne Gretzky Sports Centre	<b>Feb. 19th</b>	254 North Park St. Brantford, ON	<b>FREE</b>	<b>No Cost</b>	Winter Walking Club meets again at Wayne Gretzky Sports Centre to provide some indoor exercise for those feeling confined by the winter weather. Let's see if you can beat your lap totals from last time!
Day Out at Pinehurst Lake	<b>Feb. 19th</b>	Pinehurst Lake Conservation Area 468 Pinehurst Rd. Ayr, ON	<b>\$15.00</b>	<b>No Cost</b>	Join Mike from the RC store and Activity Coordinator Jay for an exciting winter day out at Pinehurst Lake Conservation Area just outside of Paris. Mike has agreed to set up his heated ice fishing huts for the morning and teach us the basics of winter ice fishing! Afterwards, join Activity Coordinator Jay on shore for a BBQ lunch followed by snowshoeing on the Captain Kidd trail! The cost is \$15 for park entrance fee, snowshoe rental and lunch! Hope to see everyone there!
Steel Wheel Brewery Tour	<b>Feb. 21st</b>	Steel Wheel Brewery 105 Powerline Rd. Brantford, ON	<b>Tour is free, Beer samples are \$8.00</b>	<b>No Cost</b>	Have you ever wanted to see the inner workings of an up and coming craft beer brewery? Join us for a private tour of Steel Wheel Brewery in Brantford and learn what it takes to make the perfect beer. There is no food offered at this event but feel free to bring your own snacks to enjoy in their farmhouse style lounge as you taste a variety of samples.