

















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Flying Squirrel Trampoline Park in Hamilton 1:30pm 	3 Fiesta Friday 12:30pm 	4
5 Jane's Walk @ Sensity 1:30pm 	6 Pet Therapy 11:30am Mother's Day Craft 1:30pm 	7 Music Therapy 1:30pm (Small) 2:30pm (Small)	8 YMCA Swimming 1:00pm 	9 Coffee Social 6:30pm 	10 P.D.H.S. Spring Concert @ Sensity 12:30pm 	11
12 	13 Arielle Bush Art Therapy 1:30pm 	14 Music Therapy 1:30pm (Small) 2:30pm (Small) BINGO Night 6:30pm 	15 Evening Pet Therapy 6:30pm	16 Blue Jays Sensory Tour 11:30am 	17	18
19	20  Victoria Day	21 Music Therapy 1:30pm (Small) 2:30pm (Small)	22 YMCA Swimming 1:00pm 	23 Glenhyrst Soap Making 11:00am 	24 Bowling Banquet 12:00pm 	25
26	27 Pet Therapy 11:30am	28 Music Therapy 1:30pm (Small) 2:30pm (Small) Evening Pet Therapy 6:30pm	29 Pub Night with the Jim Young Experience 6:30pm PUB NIGHT!	30 Sensity Walking Club 1:30pm 	31	

TO PRE-REGISTER: 1-877-760-7439 EXT 102 or ACTIVITY@SENSITY.CA

Note: No shows or last minute cancellations must still pay costs

ACTIVITY/DATE	REGISTER BY	LOCATION	COST TO CONSUMER	COST TO IV	SPECIAL NOTES
Pet Therapy	See dates on calendar	Sensity – Café	Drop-in	No Cost	Our furry friends from Therapeutic Paws will be visiting with their humans bringing you affection and comfort to your busy days.
Music Therapy	See dates on calendar	Sensity – MPR or Music Room	\$10.00	Included	Join Music Therapist: Amy Di Nino as she brings energy and excitement each week for Music Therapy.
YMCA Swimming	One week before	100 Water St. Brantford, ON	\$4.00	No Cost	It's time to hit the pool! It's an open recreational swim at Brantford's new, highly accessible YMCA swimming pool. The cost is \$4.00 and IV's are free.
Evening Pet Therapy	See dates on calendar	Sensity – Café	Drop-in	No Cost	Come join us for an evening Pet Therapy Session with Toby and Rujuta . Toby has been certified through Therapeutic Paws and would love to come for an evening visit with us. Toby is a very loving Shih Tzu.
Flying Squirrel Trampoline Park in Hamilton	April 25th	1550 Upper James St. Hamilton, ON	\$12.50	No Cost	We had so much fun last time that we're going back! Join us at Flying Squirrel Trampoline Park in Hamilton! Cost includes a pair of jumping socks that are yours to take home and a one hour session on the trampolines. Participants will receive a waiver upon registration that they must complete before participating that day. The entire venue is wheelchair accessible and there is a food court on site.
Fiesta Friday	April 26th	Sensity – MPR	Potluck	No Cost	Join us for this Cinco de Mayo, Fiesta themed event. Come and see if you can break open our unique piñata and then enjoy some delicious Mexican food with your friends. Participants will be required to sign-up for which item they will bring for our taco creations. Stay tuned for more information.
Jane's Walk at Sensity	Drop-In	Sensity – Sensory Garden	No Cost	No Cost	On the first weekend of May every year, Jane's Walk festivals take place in hundreds of cities around the world. Jane's Walks encourage people to share stories about their neighbourhoods, discover unseen aspects of their communities, and use walking as a way to connect with their neighbours. Join us at Sensity for a unique event where participants will walk side by side with community members who will be under simulation experiencing first-hand what it's like to be deafblind. Volunteers are needed! Contact Jay at 519-442-0463 ext. 102 for details!
Mother's Day Craft	April 29th	Sensity – MPR	\$5.00	No Cost	In collaboration with Walter's Greenhouse we will be planting some lovely mother's day flowerpots to take home. Come and decorate your flowerpot with paint! The cost is just \$5.
Coffee Social	May 7th	Sensity – Café	Hot Drinks \$1.00	No Cost	Miss the feel of a comfy coffee café? Come on out to our fun and soothing Café Social! Enjoy your favourite beverage in a relaxed environment with soft music playing in the background all while chatting with your friends. The cost for a piping hot cup of coffee, tea, hot apple cider or hot chocolate is only \$1.00.
P.D.H.S. Spring Concert	May 7th	Sensity – MPR	No Cost	No Cost	The students from Paris District High School will be stopping by Sensity again on their Spring Concert tour. Come and enjoy the music and bring your lunch to eat in our café after the concert.
Arielle Bush Art Therapy	May 6th	Sensity - MPR	\$10.00	No Cost	Arielle Bush returns to Sensity to continue her art therapy sessions. Stay tuned for more information regarding her programming for this day.
Bingo Night	May 7th	Sensity – MPR	FREE	No Cost	Feeling lucky? B-I-N-G-O! It's BINGO time! Bring your best Bingo dabber to the Resource Centre for a fun night and see if you can take home a prize.
Blue Jays Sensory Tour	May 7th	1 Blue Jays Way Toronto, ON	\$11.00	No Cost	Play ball! In preparation for our annual Blue Jays trip next month, we will once again be touring the Rogers Centre stadium. The tour will consist of visiting the 200 seats, baseball media center, corporate luxury suites and either the field (north end) or 100 seats. The cost is \$11.00 and IV's are free.
Glenhyrst Soap Making	May 16th	Sensity – Café	\$7.00	No Cost	Join Yvonne from Glenhyrst Art Gallery as we learn how to make our very own decorative soap. Choose your own scent to add and take home. The cost is just \$7.00.
Bowling Banquet	May 10th	Sensity – MPR	\$15.00	\$15.00	It's time to celebrate our 2018/2019 Bowling League! Purchase your ticket in advance and join us for a catered lunch, prizes and raffle. It's sure to be a great time!
Pub Night with the Jim Young Experience	May 22nd	Sensity – MPR	Pub menu, prices as listed	Pub menu, prices as listed	Join local Paris resident and all around good guy Jim Young for some live music and fun at our first ever pub night at Sensity! We will be serving up a full menu of delicious finger foods, non-alcoholic beer, mocktails and pop. Stay tuned for the full menu and details of this unique event.
Sensity Walking Club	May 28th	Sensity – Café	No Cost	No Cost	Sensity Walking Club continues outdoors this month as we resume our fitness activity around the community of Paris. Meet at the Sensity Resource Centre Café at 1:30pm and we will set out on a pre-determined loop. Coffee and refreshments to follow.

