





















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>2pm</b> Music Therapy 	3 <b>1:30pm</b> Dance class with Yimin 	4 <b>11am</b> Sensity Sensations Yarn Flowers 	5 Let's start Gardening! 	6 <b>1:30pm</b> Music Therapy <b>6:30pm</b> 😊 Healthy Brownies	7
8 	9 <b>2pm</b> Music Therapy 	10 Yarn Bomb Preparation 	11 <b>11am</b> Sensity Sensations Aquarium Livestream 	12 <b>1pm</b> 	13 <b>1:30pm</b> Music Therapy Make a Spring Inspired Playlist 	14
15	16 <b>2pm</b> Music Therapy 	17 <b>Sign up</b> Wii Sports (Tentative) 	18 <b>11am</b> Sensity Sensations Relax with Nature Sounds 	19 Little Rays Reptile Zoo (Tentative) 	20 <b>1:30pm</b> Music Therapy <b>6:30pm</b> Movie Night at the RC	21
22	23 <b>2pm</b> Music Therapy 	24 <b>1pm</b> Outdoor Club: Paris Trail 	25 <b>11am</b> Sensity Sensations <b>1:30pm</b> <b>BINGO</b> 	26 Fingerprint Baseball 	27 <b>1:30pm</b> Music Therapy Feedback Friday with Refreshments	28

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*Note: No shows or last-minute cancellations must still pay costs*



Activity	Time-\$-Location	Deadline	Additional Information
May 2 <sup>nd</sup> Music Therapy	2pm-Free-Virtual	Day of	Join friends in a fun and exciting 30-minute Group Music Therapy session!
May 3 <sup>rd</sup> Dance Class with Yi-Min	1:30pm-Free-MPR/Virtual	May 1 <sup>st</sup>	Let's get our groove on! Yi-Min will be instructing a dance class with lights and music! <b>*Limit of 6 individuals to sign up*</b>
May 4 <sup>th</sup> Sensity Sensations	11am-Free-MPR	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! <b>*Limit of 7 individuals for in person sign up*</b>
May 4 <sup>th</sup> Yarn Flowers	Independent	Day of	This fun craft could make a great Mother's Day gift or save it for yarn bombing in June! All you need: Cardboard, Yarn, popsicle sticks, markers, and scissors. <a href="#">Easy Yarn Wrapped Flowers Craft   School Time Snippets</a>
May 5 <sup>th</sup> Let's Start Gardening!	Drop In-Free-Sensory Garden OR Independent	May 1 <sup>st</sup>	Activity Coordinator Brittany will be working on getting some plants ready in the sensory garden! Drop in and give a hand! If you decide to garden independently; weather that's working on a box garden, you have or starting potted plants I would love to see pictures 🌞 .
May 6 <sup>th</sup> Music Therapy	1:30pm-Free-MPR	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! <b>*Limit of 7 individuals for in person sign up*</b>
May 6 <sup>th</sup> Healthy Brownies	Café-Free-MPR/Virtual	May 1 <sup>st</sup>	Let's bake! These brownies are so yummy. Healthy and tasty! <b>*Limit of 7 individuals for in person sign up*</b>
May 9 <sup>th</sup> Music Therapy	2pm-Free-Virtual	Day of	Join friends in a fun and exciting 30-minute Group Music Therapy session!
May 10 <sup>th</sup> Yarn Bomb Preparation	Tentative	May 8 <sup>th</sup>	June Is Deafblind Awareness month! Let's start our preparation for yarn bombing 🌞 .

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May 11 <sup>th</sup> Sensity Sensations	<b>11am-Free-MPR</b>	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! <b>*Limit of 7 individuals for in person sign up*</b>
May 11 <sup>th</sup> Aquarium Livestream	<b>Independent</b>	Day of	Checkout this awesome link to different aquariums! Animals like fish, sharks, penguins and more! <a href="https://thehazardtraveler.com/virtual-tours-aquarium-live-feeds/">https://thehazardtraveler.com/virtual-tours-aquarium-live-feeds/</a>
May 12 <sup>th</sup> Bowling	<b>1pm-\$5-Echo Bowl, Brantford</b>	May 10 <sup>th</sup>	Let's go Bowling! Bring your game on! Play a single game of bowling with max 3-4 people each lane.
May 13 <sup>th</sup> Music Therapy	<b>1:30pm-Free-MPR</b>	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! <b>*Limit of 7 individuals for in person sign up*</b>
May 13 <sup>th</sup> Make a Spring Inspired Playlist	<b>Independent</b>	Day of	Make a music playlist that is spring inspired, whether that's nature sounds or a song about happiness ●.
May 16 <sup>th</sup> Music Therapy	<b>2pm-Free-Virtual</b>	Day of	Join friends in a fun and exciting 30-minute Group Music Therapy session!
May 17 <sup>th</sup> Wii Sports ( <b>Tentative</b> )	<b>Sign Up-Free-MPR</b>	May 15 <sup>th</sup>	1 hr playtime per timeslot on the Wii! Interactive games like yoga, baseball, and bowling. Board games will also be offered ● .
May 18 <sup>th</sup> Sensity Sensations	<b>11am-Free-MPR</b>	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! <b>*Limit of 7 individuals for in person sign up*</b>
May 18 <sup>th</sup> Relax with Nature Sounds	<b>Independent</b>	Day of	Love the sound of nature? Sit outside, go for a trail walk, or go to the park! Don't want to leave home? Here are some links to lead you in the right direction ● . <a href="https://www.youtube.com/watch?v=yIQd2Ya0Ziw">https://www.youtube.com/watch?v=yIQd2Ya0Ziw</a> <a href="https://www.youtube.com/watch?v=02NQkhbjALg">https://www.youtube.com/watch?v=02NQkhbjALg</a> <a href="https://www.youtube.com/watch?v=rYoZgpAEkFs">https://www.youtube.com/watch?v=rYoZgpAEkFs</a> <a href="https://www.youtube.com/watch?v=4KzFe50RQkQ">https://www.youtube.com/watch?v=4KzFe50RQkQ</a> <a href="https://www.youtube.com/watch?v=nDq6TstdEi8">https://www.youtube.com/watch?v=nDq6TstdEi8</a>

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May 19 <sup>th</sup> Little Ray's Reptile Zoo (Tentative)	<b>Tentative</b>	Tentative	Little Ray's is coming to Sensity! Interact with some critters at the RC. Hope to see you there! <b>*Capacity Tentative*</b>
May 20 <sup>th</sup> Music Therapy	<b>1:30pm-Free-MPR</b>	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! <b>*Limit of 7 individuals for in person sign up*</b>
May 20 <sup>th</sup> Movie Night at the RC	<b>6:30pm-Free-MPR</b>	May 18 <sup>th</sup>	Come watch a movie with friends! We have a new smart board with a large screen and loud volume ● . To get in the spirit of our Blue Jay's game in June we will be watching a baseball theme movie. <b>*Limit of 7 individuals for in person sign up*</b>
May 23 <sup>rd</sup> Music Therapy	<b>2pm-Free-Virtual</b>	Day of	Join friends in a fun and exciting 30-minute Group Music Therapy session!
May 24 <sup>th</sup> Outdoor Club: Paris Trail	<b>1pm-Free-Paris Trail, Cambridge</b>	May 23 <sup>rd</sup>	<b>*Weather dependent*</b> Fresh spring air, what's better than that! This assessable trail is surrounded by trees and along the grand river. Meeting spot will be at the parking lot/start of the trail beside Petro gas station ● .
May 25 <sup>th</sup> Sensity Sensations	<b>11am-Free-MPR</b>	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! <b>*Limit of 7 individuals for in person sign up*</b>
May 25 <sup>th</sup> Bingo	<b>1:30pm-Free-MPR/Virtual</b>	May 22 <sup>nd</sup>	Bingo is a favourite! Prizes to be won and baseball theme ● . <b>*Limit of 7 individuals for in person sign up*</b>
May 26 <sup>th</sup> Fingerprint Baseball	<b>Independent</b>	Day of	Make it as big as you want! This baseball craft can be made into a poster to get you in the Blue Jay's spirit! What you'll need: white paper or Bristol board, red paint, red marker, scissors.
May 27 <sup>th</sup> Music Therapy	<b>1:30pm-Free-MPR</b>	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! <b>*Limit of 7 individuals for in person sign up*</b>
May 27 <sup>th</sup> Feedback Friday with Refreshments	<b>Drop in-Free-MPR/Virtual</b>	Day of	For intervenors and individuals! Let your Activities Coordinator Brittany know how she's doing and how the activities have been! Fill out the survey provided and have a refreshment while you visit ● . If you can't make it to the RC Brittany would still love to hear from you via call or video chat!

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**Please note:**

- We will be testing out a hybrid approach of virtual/in person with some activities in May as an option for those who cannot come to the RC. No limit to virtual attendees.
- Capacity limits are with the assumption of 1:1. There is a 16-person capacity limit in the Multi-Purpose room including staff.
- Ensure you are signed up for an activity by deadline before going. If you are not signed up and go to the activity, I may/will not be able to provide supplies needed as well as we need to ensure we stay in capacity limits for everyone's safety.
- If you are no longer able to attend an activity, please inform your Activity Coordinator Brittany. No shows can affect the activities and individuals who participate.

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