























Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 2:00pm Music Therapy 	31 6:30pm Let's Make Butter Tarts! 	1 11:00am Sensity Sensations 10am-6pm DQ Community Shed 	2 1:30pm Dance Class with Joan 	3 1:30pm Music Therapy 	4 10:00am Outdoor Club: Dundas Valley Trail 
5 2:00pm Brantford Red Sox First Pitch  	6 2:00pm Music Therapy 	7 1:30pm Tye Dye Sensity T-Shirts 	8 11:00am Sensity Sensations Pick Up Litter on a Walk 	9 2:00pm Dog Therapy 	10 1:30pm Music Therapy 6:30pm BINGO!	11
12	13 2:00pm Music Therapy 	14 Sidewalk Chalk for Deafblind Awareness 	15 11:00am Sensity Sensations Father's Day Card 	16 10:00am ST. JACOBS MARKET DISTRICT LOCAL. FRESH. ORIGINAL. 	17 1:30pm Music Therapy RSVP to Sam Yarn Bomb Day 	18
19 HAPPY Father's DAY! 	20 2:00pm Music Therapy 	21 12:00 Picnic in the Park and Nature Scavenger Hunt  	22 11:00am Sensity Sensations Nature Sensory Bin	23 5:45pm Birley Gates Kitchen Jam 	24 1:30pm Music Therapy 6:30pm Braille Craft 	25 Go Strawberry Picking! 
26	27 2pm Music Therapy RSVP Sam Sensity Day Happy Birthday Hellen Keller!	28 3 Ingredient Strawberry Jam 	29 11:00am Sensity Sensations Relaxing Evening 	30 6:30pm Canada Day Celebration at the RC 	1 1:30pm Music Therapy (Tentative) CANADA DAY 	2

TO PRE-REGISTER: Activity@sensity.ca, 289-439-5050 or via Google Doc.

Note: No shows or last-minute cancellations must still pay costs



Activity Time-Location Deadline Additional Information

May 30 th Music Therapy	2pm-No Cost-Virtual	Day of	Join Kaelyn and friends in a fun and exciting 30-minute Group Music Therapy session!
May 31 st Let's Make Butter Tarts!	6:30pm-No Cost-MPR/Virtual	May 29 th	May 28th and 29th is the Paris Great Butter Tart Festival! Let's learn how to make butter tarts on our own! *Limit of 10 individuals for in person sign up*
June 1 st Sensity Sensations	11am-No Cost-MPR	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! *Limit of 10 individuals for in person sign up*
June 1 st DQ Community Shed	Drop in 10am to 6pm-Bring your own budget for ice cream-115 King George rd.	Open to all!	We will be onsite at the Dairy Queen Community Shed in Brantford! Join us to kick-off National Deafblind Awareness Month and #MakeAWave from coast-to-coast. It's also "Time Warp Wednesday" where Dairy Queen will be selling banana splits and parfaits for ½ off!
June 2 nd Dance Class with Joan	1:30pm-\$5-Sensory Garden	May 31 st	Joan is a professional and coming to the RC! Let's see what moves get our groove on! *Weather Dependant*
June 3 rd Music Therapy	1:30pm-No Cost-MPR	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! *Limit of 10 individuals for in person sign up*
June 4 th Outdoor Club: Dundas Valley Conservation Trail	10am-No Cost- 650 Governors Rd, Dundas, ON L9H 5E3	June 2 nd	Let's get some fresh air together! This scenic trail is wheelchair accessible 😊.
June 5 th Brantford Red Socks First Pitch	2pm-\$5-Arnold Anderson stadium	RSVP to Sam Gaspar by June 3 rd	We will be hosting a first pitch at the Brantford Red Sox game! Stay tuned for details on our pitcher!
June 6 th Music Therapy	2pm-No Cost-Virtual	Day of	Join Kaelyn and friends in a fun and exciting 30-minute Group Music Therapy session!
June 7 th Tye Dye Sensity T-Shirts	1:30pm-No Cost-RC	June 3 rd	Come join our groovy activity and Tye Dye some Sensity T-Shirts! In preparation for our upcoming Sensity spirit week starting June 20 th !
June 8 th Sensity Sensations	11am-No Cost-MPR	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! *Limit of 10 individuals for in person sign up*

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June 8 th Pick Up Litter on a Walk	Independent	Day of	In celebration of World Earth Day on June 5 th go for a walk wherever you'd like. Bring a bag and help the planet by picking up some litter! Don't forget gloves and sanitizer!
June 9 th Dog Therapy	2pm-No Cost-MPR or Sensory Garden	June 6 th	IT'S BACK! Dog Therapy will be held in the Sensory Garden but is weather dependant. Let's give a big welcome back to Therapeutic Paws of Canada! * First come first serve sign up with a limit of 10 individuals for in person sign up in the MPR. There will be a wait list to sign up once capacity is reached for if Dog Therapy can be moved outside* *Weather Dependant for sensory garden*
June 10 th Music Therapy	1:30pm-No Cost-MPR	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! *Limit of 10 individuals for in person sign up*
June 10 th Bingo	6:30pm-No Cost-Virtual	June 7 th	Let's play Bingo together 😊.
June 13 th Music Therapy	2pm-No Cost-Virtual	Day of	Join Kaelyn and friends in a fun and exciting 30-minute Group Music Therapy session!
June 14 th Sidewalk Chalk for Deafblind Awareness	Drop in 10am to 3pm-No Cost- Outside the RC or Independent	Day of	June is deafblind awareness month! Let's spread some extra awareness by using sidewalk chalk on our sidewalks around the RC! Meet your Activity Coordinator Brittany in the sensory Garden for Chalk. Can't make it to the RC? Do it on your own around your home!
June 15 th Sensity Sensations	11am-No Cost-MPR	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! *Limit of 10 individuals for in person sign up*
June 15 th Father's Day Card	Independent	Day of	Father's Day is coming up, make a card for the father figure in your life!
June 16 th St. Jacobs Market	10am- Budget your own cost-878 Weber St N, Woolwich, ON N2J 4A9	June 14 th	Let's go to the market! Lots of merchandise, produce and treats to choose from 😊. Don't forget to budget for lunch if you plan on eating here!
June 17 th Music Therapy	1:30pm-No Cost-MPR	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! *Limit of 10 individuals for in person sign up*
June 17 th Yarn Bombing	Sign Up-No Cost-Sensory Garden	RSVP to Sam Gaspar	From 12:45pm to 5:30pm you can sign up for a timeslot to Yarn Bomb in our sensory garden! Yarn Bombing is a form of tactile art street art where yarn is knit, crochet, or wrapped decorates and object in a public space. Not in Pairs? That's

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			okay! You can join by in too by Yarn Bombing your space/residence and sending in a photo to Sgaspar@sensity.ca so we can share it on social media for everyone!
June 20 th Music Therapy	2pm-No Cost-Virtual	Day of	Join Kaelyn and friends in a fun and exciting 30-minute Group Music Therapy session!
June 21 st Picnic in the Park and Nature Scavenger Hunt	Noon-No Cost- 709 Woolwich St, Guelph, ON N1H 7G6	June 20 th	We're going to Riverside Park in Guelph! We'll be starting our outing with lunch at a picnic table of your choosing then complete a nature scavenger hunt! Can't join? Ask for a copy of the scavenger hunt and do it on your own time!
June 22 nd Sensity Sensations	11am-No Cost-MPR	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! *Limit of 10 individuals for in person sign up*
June 22 nd Nature Sensory Bin	Independent	Day of	Make a nature sensory bin! There's lots of cool ideas online you can find and decide how your doing it with your intervenor! If you attended the nature scavenger hunt the day before you can use your findings. If not go for a trail walk and make a bin when home 😊.
June 23 rd Birley Gates Kitchen Jam	5:45pm-\$2- 142 W River Rd, Paris, ON N3L 3E2	June 19 th	Come to our Kitchen Jam hosted by Activity Coordinator Brittany and the Music Therapists! Bring your own dinner or have hot dogs provided. Smore's for dessert over the fire with lots of music to be made!
June 24 th Music Therapy	1:30pm-No Cost-MPR	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session! *Limit of 10 individuals for in person sign up*
June 24 th Braille Craft	6:30pm-No Cost-MPR/Virtual	June 19 th	In celebration of Helen Keller's birthday on June 27 th let's make a braille craft! *Limit of 10 individuals for in person sign up*
June 25 th (or 26 th) Strawberry Picking	Independent	Day of	It's strawberry picking season! Go on your own and plan with your intervenor/program this weekend 😊. Here is a list of places you could checkout! https://www.blogto.com/eat_drink/2016/06/10_farms_for_strawberry_picking_near_toronto/
June 27 th Music Therapy	2pm-No Cost-Virtual	Day of	Join Kaelyn and friends in a fun and exciting 30-minute Group Music Therapy session!
June 27 th Sensity Day	Picnic Lunch: 12:30pm Boat Trip 1pm to 3pm-No Cost-1515 Rebecca St. Oakville	RSVP to Sam Gaspar	Happy birthday Hellen Keller! Bring a lunch to picnic, picnic shelters are onsite. Limit of 5-6 people per boat ride so please sign in 😊. This is going to be a great day! Parking available onsite (street – meter) or at the nearby library. Sgaspar@sensity.ca

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June 28 th 3 Ingredient Strawberry Jam	Independent	Day of	Did you go strawberry picking on the weekend and not sure what to do with it all? Try this easy strawberry jam recipe independently! You will need: 1-pound strawberries, 3 tbsp honey and 2 tbsp of chia seeds! https://thebusybaker.ca/homemade-chia-seed-jam/
June 29 th Sensity Sensations	11am-No Cost-MPR	Day of	Join Hailey & Kaelyn in creating our very own Sensity band! Come get your music making on, with the music therapy you know and love! *Limit of 10 individuals for in person sign up*
June 29 th Relaxing Evening	Independent	Day of	Wow what a busy month! Let's make no plans and relax this evening 😊.
June 30 th Canada Day Celebration	6:30pm-No Cost-MPR	June 26 th	Happy Canada Day! Let's celebrate and wear red/white 😊. More details closer to date. *Limit of 10 individuals for in person sign up*
July 1 st Music Therapy (Tentative)	1:30pm-No Cost-Virtual	Day of	Join Hailey & Kaelyn for the fun and exciting hour-long music therapy session!

Please note:

- We will be testing out a hybrid approach of virtual/in person with some activities in June as an option for those who cannot come to the RC. No limit to virtual attendees.
- Capacity limits are with the assumption of 1:1. There is a 10 individual capacity limit in the Multi-Purpose room.
- Ensure you are signed up for an activity by deadline before going. If you are not signed up and go to the activity, I may/will not be able to provide supplies needed as well as we need to ensure we stay in capacity limits for everyone's safety.
- If you are no longer able to attend an activity, please inform your Activity Coordinator Brittany. No shows can affect the activities and individuals who participate.
- Independent activities are suggestions to individuals and/or programs. Supplies needed will be listed for individuals and/or programs in additional information and/or the google doc. The Activities Department does not provide supplies for independent activities unless communicated.

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